

## Details...

The Traber Center is offering a new culinary training course! There will be 5 workshops held from 9am-12pm each Wednesday in March. Our very own Chef Mark will teach the workshops and show you hands on what cooking great food entails. If you've ever tasted Chef Mark's creations, you know he is very talented!

The workshops will be held at the Traber Center. The location address for the Traber Center is 10 Traber Lane, Spring City, PA 19475.

Please bring your own sharp knife and apron. All other supplies, food items and equipment will be provided.

If you are of middle school age and older, come join us for this unique opportunity! No matter what your experience, background or level of expertise is, there is something offered for all. Each class will include quality instruction and opportunity to put that instruction to practice in the kitchen! Not only will you be learning how to make delicious meals hands on, you will enjoy eating them as well! Whether you are a new cook, in middle or high school, retired or just want a few tips, this is the class for you!

The total cost for the 5 culinary training sessions is \$125.00. The dates are March 3, 10, 17, 24 and 31<sup>st</sup>.

*Don't miss it!!*

## Chef Mark



Chef Mark Spena is a talented chef with over 25 years of experience in the culinary industry. Along with years of experience in the professional culinary world, he has been serving the Lord at Traber Center for 4 years. He has been chef at many restaurants in the Philadelphia area and was head Chef for Decker, Price and Roads Law Firm in the Bell Atlantic Building. Mark became a Christian in 1994 and continued in corporate dining until he came to Traber Center in 2005.

Along with his experience, Mark has a passion for food that is contagious! He truly loves to cook and be creative with food. You will certainly learn a lot from Mark. Don't be surprised if his enthusiasm for all things culinary rubs off on you!

### MAILING ADDRESS/CONTACT INFO:

Traber Center  
68 Bertolet School Road  
Spring City, PA 19475  
610-469-6320  
www.trabercenter.org  
Email: info@campskankanac.org

## Registration...

Please fill out this form and send it in with the total payment of \$125.00 to register for the 5 culinary training sessions.

Full Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Check #: \_\_\_\_\_ Amount: \$ \_\_\_\_\_

By signing below, I hereby release the Traber Center, Camp Sankanac, BCM International and all personnel thereof from any and all liability for or by reason of any injury or damage of any nature which may be sustained by myself.

Signed: \_\_\_\_\_



WWW.TRABERCENTER.ORG

## Dates...

Mark your calendar for:

March 3

March 10

March 17

March 24

March 31

Time: 9am-12pm



## About Traber Center...

Traber Center is a ministry of BCM International and is located at Camp Sankanac in Spring City Pennsylvania.

Traber Center is an adult retreat facility used by churches, mission organizations and for Christian counseling, training and other programming. If your church or organization is seeking a beautiful and comfortable overnight or day use conference facility, please consider using the Traber Center! The location is secluded and modern and will be perfect for your next retreat or meeting place.



*Please contact us for more information!*



Phone: 610-469-6320

E-mail: [info@campscanac.org](mailto:info@campscanac.org)

[www.trabercenter.org](http://www.trabercenter.org)

## Traber Center announces...

**2010  
Culinary Training  
Workshops**

*By Chef Mark Spena*